



## Yogurt Body Cream Recipe

*Recipe makes approximately 3 - 8 ounce jars.*

Here's What You Need:  
Ingredients

[Natural Yogurt Multi Base Lotion](#)  
[Almond Fragrance Oil](#)  
[Sweet Almond Oil](#)  
[Da Bomb Soap Dye- Red](#)  
[8 oz Clear PET Jars](#)  
[70/400 White Straight Smooth Lid](#)

Other Ingredients & Equipment You'll Need:  
Mixing Bowls  
Measuring Spoon  
Distilled Water  
Hand Mixer  
Scale  
Spatula



## Here's How It's Done : Directions

### **Total Recipe Amounts:**

16 ounces Yogurt Body Butter Multi-Base Lotion  
8 ounces Distilled Water  
6 grams of Almond Fragrance Oil  
6 grams Sweet Almond Oil  
2 drops Da Bomb Soap Dye- Red

Clean and sanitize your workstation and all of your packaging materials and utensils. It is suggested that you wear gloves, an apron, gloves, a face mask, and a hair net while preparing this recipe.

**Step 1:** First, weigh out 8 ounces of distilled water. If your water is not distilled, you will need to prepare your water. First, you will need to weigh out your water. Make sure to include plenty of extra water so that you have at least 8 ounces when your water is finished heating as some of it will evaporate during heating. Now, heat the water to at least 185 degrees Fahrenheit. Once the water hits this temperature, hold it there for a minimum of 5 minutes. Remove the water from the heat source and weigh out the 8 ounces.

**Step 2:** Next, you will need to allow your water to cool. Your water temperature should be around 100 degrees Fahrenheit when working with the multi-bases. If the water is too hot, it can break down ingredients in the base.

**Step 3:** Once the water is at the proper temperature, add the entire container of the yogurt body butter base. Then, using your stick blender, mix the ingredients together.

**Step 4:** Finally, we will add the remaining ingredients to your lotion, add the Almond Fragrance Oil, Sweet Almond Oil, and Da Bomb Soap Dye. Once again, mix the lotion to incorporate all of the ingredients.

**Step 5:** Once your lotion has cooled, use your spatula to scoop your mixture into the jars. Once filled, place a lid on each container.

Your homemade lotion is now ready to use!

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