



Nature's Garden *Recipe!*  
Wholesale Candle & Soap Supplies



# Shampoo Bar Cold Process Soap

*Recipe makes approximately 3 pounds of soap.*

Here's What You Need:  
Ingredients

[Lye](#)  
[COCONUT Oil-76](#)  
[OLIVE Oil- Pomace](#)  
[SHEA BUTTER](#)  
[PALM Oil](#)  
[SAFFLOWER Oil](#)  
[CASTOR Oil- 16 oz.](#)  
[Bamboo and White Grapefruit Fragrance Oil](#)  
[Large Rectangle Tray- Mold Market Molds](#)  
[Safety Glasses for Soap Making](#)  
[Safety GLOVES for Soap Making- 1 pair](#)  
[Safety MASK for Soap Making- 2 count](#)  
[THERMOMETER](#)

## Other Ingredients & Equipment You'll Need:

Scale  
Water  
Mixing Bowls  
Mixing Spoons  
Stick Blender



## Here's How It's Done : Directions

**Total Recipe Weights:**

11.9 oz Water

4.4 oz Lye (NaOH)

8 oz Coconut Oil 76

6.4 oz Olive Oil

6.4 oz Shea Butter

4.8 oz Palm Oil

3.2 oz Safflower Oil

3.2 oz Castor Oil

1.5 oz. Bamboo & White Grapefruit Fragrance Oil

Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, a face mask, goggles, and a hair net while preparing this recipe.

Visit: [Cold Process Soap Making Class 101](#) for soap making instructions. Also, before attempting to make any cold process soap, please become familiar with soap making safety.

Natures Garden is not responsible for the performance of any of the recipes provided on our website. Testing is your responsibility. If you plan to resell any recipes we provide, it is your responsibility to adhere to all FDA regulations. If there are ingredients listed in a recipe that Natures Garden does not sell, we cannot offer any advice on where to purchase those ingredients.

We hope that you enjoy our shampoo soap bar recipe!

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Natures Art Soap Co.