



## Rose Lotion Recipe

*Recipe makes approximately 4- 4 oz. jars.*

Here's What You Need:  
Ingredients

[Cocoa Butter Golden Natural](#)  
[Fractionated Coconut Oil](#)  
[Meadowfoam Seed Oil](#)  
[Sweet Almond Oil](#)  
[Vegetable Glycerin](#)  
[Silky Emulsifying Wax](#)  
[VITAMIN E OIL \(Tocopherol T-50\) Natural](#)  
[STEARIC ACID - 1 Pound Bag](#)  
[Rose Buds & Petals Red](#)  
[Arrowroot Powder](#)  
[OPTIPHEN – Preservative](#)  
[Fresh Cut Roses Fragrance Oil](#)  
[4 oz. Clear PET JAR](#)  
[White Straight Lid Smooth 58/400](#)

### Other Ingredients & Equipment You'll Need:

Scale  
Stove  
Water  
Mixing Bowl  
Mixing Spoon  
Hand Mixer  
Ribbon (optional)  
Decorative Flowers (optional)



## Here's How It's Done : Directions

### **Total Recipe Weights:**

- 6 grams Rose Buds & Petals Red
- 360 grams Distilled Water- (This will be used to make the 286 grams of rose infused flower water you will need)
- 23 grams Vegetable Glycerin
- 45 grams Fractionated Coconut Oil
- 18 grams Cocoa Butter
- 18 grams Sweet Almond Oil
- 4 grams Meadowfoam Seed Oil
- 4 grams Grapeseed Oil
- 4 grams Vitamin E Oil
- 37 grams Silky Emulsifying Wax
- 6 grams Stearic Acid
- 6 grams Optiphen Preservative
- 2 grams Arrowroot Powder
- 14 grams Fresh Cut Roses Fragrance Oil

**Phase I:** Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, and a hair net while preparing this recipe.

### **Phase 2: Prepare the rose infused flower water:**

- A. Measure out 6 grams of dried, rose petals and 360 grams of distilled water.
- B. Place distilled water into a small pot and heat it to at least 180F, and hold for 20 minutes to kill bacteria.
- C. Place a coffee filter inside of a bowl.
- D. Place rose flowers on top of coffee filter and pour hot, distilled water over them. Allow to steep.
- E. Strain rose flowers through coffee filter by gently squeezing water over the flowers. What you have now is called a Rose Flower Water infusion.
- F. Weigh out 286 grams of the rose infusion and add 23 grams of vegetable glycerin. Mix. There should not be any flower petals floating in your mixture.

### **Phase 3: Prepare Oil Phase**

- A. Weigh out the following, and using a double boiler, melt them to 140F: Cocoa butter (18 grams), Fractionated Coconut Oil (45 grams), Sweet Almond Oil (18 grams), Meadowfoam Seed Oil (4 grams), Vitamin E Oil (4 grams), Silky Emulsifying Wax (37 grams), Stearic Acid (6 grams).



## Here's What You Need: Ingredients

### Phase 4: Emulsification Process

- A. Take rose infusion/vegetable glycerin mixture and mix it into your Oil phase mixture. Take a temperature of your mixture. You want both the oil and water want it to be around 140F when you add your preservative.
- B. Add 2 grams of Arrowroot Powder and 14 grams of Fresh Cut Roses Fragrance Oil
- C. Once your mixture is 120F, add 6 grams of Optiphen preservative.
- D. Using a stick blender, thoroughly mix until you have a thick cream.
- E. Allow to cool, place in the 4 oz. PET jar, and place the lid on top.

Finally, use the decorative roses and ribbon to decorate your jar!

We hope that you have enjoyed our Rose Lotion Recipe! Enjoy!

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