



# Oatmeal Milk Honey Cold Process Soap

*Recipe makes approximately 2 pounds of soap.*

Here's What You Need:  
Ingredients

[Lye](#)  
[OLIVE Oil- Pomace](#)  
[COCONUT Oil-76](#)  
[CASTOR Oil- 16 oz.](#)  
[GRAPSEED Oil- 16 oz.](#)  
[Oatmeal Milk-n-Honey Fragrance Oil](#)  
[Cutter for Mitre Box - Stainless Steel](#)  
[Disposable Pipettes](#)  
[Mitre Box - Stainless Steel](#)  
[Safety Glasses for Soap Making](#)  
[Safety GLOVES for Soap Making- 1 pair](#)  
[Safety MASK for Soap Making- 2 count](#)  
[Silicone Soap Mold- 4 Loaf Molds](#)  
[THERMOMETER](#)

## Other Ingredients & Equipment You'll Need:

Scale  
Water  
Mixing Bowl  
Spatula  
Stick Blender  
Honey  
Finely Ground Oatmeal  
Whole Oats



## Here's How It's Done : Directions

### **Total Recipe Weights:**

- 9.12 oz Water (258 grams)
- 3.6 oz Lye (NaOH) (102 grams)
- Coconut Oil 76- 12 oz. (340 grams)
- Crisco Shortening- 4.8 oz. (136 grams)
- Olive Oil Pomace- 3.6 oz. (102 grams)
- Castor Oil- 2.4 oz. (68 grams)
- Grapeseed Oil- 1.2 oz. (34 grams)
- 2 oz. Oatmeal Milk & Honey Fragrance Oil (56 grams)
- 1 Tablespoon Honey
- 1 Tablespoon Finely ground oatmeal
- 1 Tablespoon whole oats

Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, a face mask, safety glasses, and a hair net while preparing this recipe.

[Click Here For Basic CP Soap Making Class](#) . Also, before attempting to make any cold process soap, please become familiar with soap making safety.

At medium trace, add 1 Tablespoon of honey to soap mixture and 1 Tablespoon finely ground oatmeal.

Decorate the top of soap with whole oats.

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We hope that you enjoy our oatmeal milk and honey cold process soap recipe!

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[Sea Maiden's Creations](#)