



Mistletoe Cold Process Soap

Recipe makes approximately 4 pounds of soap.

Here's What You Need:
Ingredients

Lye

COCONUT Oil-76

GRAPESEED Oil- 16 oz.

APRICOT KERNEL Oil- 16 oz.

MANGO BUTTER

CASTOR Oil- 16 oz.

FRACTIONATED COCONUT Oil

FUN Soap Colorant Lime Green

FUN Soap Colorant Kelly Green

FUN Soap Colorant Tomato Red

Mistletoe and Ivy Fragrance Oil

Cutter for Mitre Box - Stainless Steel

Mitre Box - Stainless Steel

Safety Glasses for Soap Making

Safety GLOVES for Soap Making- 1 pair

Safety MASK for Soap Making- 2 count

Square Loaf Mold

THERMOMETER

Natures Garden Apron

Other Ingredients & Equipment You'll Need:

Scale

Water

Mixing Bowls

Spatula

Stick Blender

Decorating Bottle



Here's How It's Done : Directions

Total Recipe Weights:

517 grams Water
199 grams Lye
136 grams Apricot Kernel Oil
109 grams Coconut Oil 76
299 grams Grapeseed Oil
476 grams Mango Butter
109 grams Castor Oil
231 grams Fractionated Coconut Oil
10 grams FUN Soap Colorant Lime Green
12 grams FUN Soap Colorant Kelly Green
6 drops FUN Soap Colorant Tomato Red
84 grams Mistletoe and Ivy Fragrance Oil

Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, a face mask, safety glasses, and a hair net while preparing this recipe.

Step 1: Prepare your lye solution. Weigh out 517 grams of distilled water. Slowly add 199 grams of lye. Stir until the lye is dissolved. Allow your lye to cool.

Step 2: While you are waiting for your lye to cool, weigh out and melt your oils. You will need 136 grams apricot oil, 109 grams coconut oil 76, 299 grams grapeseed oil, 476 grams mango butter, 109 castor oil, and 231 grams fractionated coconut oil. Allow to cool.

Step 3: While you are waiting for the temperatures to come down prepare your colorants. You will need three small bowls. To one bowl add 10 grams Lime Green FUN Soap Colorant. Add 12 grams Kelly Green FUN Soap Colorant. In the third bowl add 6 drops of the red Soap Colorant. Also, get your square loaf mold out and ready.

Step 4: Once your temperatures have come down combine your oils and lye solution. Stick blend to emulsify.

Step 5: Add 84 grams of Mistletoe and Ivy Fragrance Oil. Again, stick blend.



Here's How It's Done : Directions

Step 6: Separate your batter. To each of the bowls containing the green colorants, add 200 grams of your soap batter. Stick blend to incorporate. You will only need about 15 grams of soap batter for the red portion, you will need to hand mix to incorporate the color. Then place it in your decorating bottle.

Step 7: The remaining, uncolored portion of the soap batter can be poured into your mold at a light trace.

Step 8: Now, begin with the darker green soap batter. Pour a line, long ways, down the center of your mold. Then, pour the lighter green in the same manner. Now repeat this process one more time.

Step 9: You will have two shades of green sitting on the top of the loaf in a line. We will swirl this portion using a wooden skewer. Place the skewer in one corner of your mold. Move the skewer in an "S" pattern until you reach the other side of the mold. The swirls will begin to resemble leaves.

Step 10: Using the red soap batter in the decorating bottles, place dots on the top of the soap. These are meant to resemble berries. You will want to place them on the green leaves portion of the soap. Keep in mind, you will be slicing the soap. Place the berries strategically.

Step 11: After about 24 hours, remove the soap from the mold. Then, once it hardens a bit go ahead and slice it. Allow the soap to cure before using.

Your Mistletoe Soap is ready to use! Enjoy!

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