



## Linen Breeze HP Soap Recipe

*Recipe makes 3 pounds of soap.*

Here's What You Need:  
Ingredients

[Lye](#)  
[Sweet Almond Oil](#)  
[Coconut Oil 76](#)  
[Macadamia Nut Oil](#)  
[Mango Butter](#)  
[Shea Butter](#)  
[Sunflower Oil](#)  
[Grapeseed Oil](#)  
[Linen Breeze Fragrance Oil](#)  
[Neon Blue FUN Soap Colorant](#)  
[Ultramarine Blue FUN Soap Colorant](#)  
[Safety Mask](#)  
[Safety Glasses](#)  
[Safety Gloves](#)  
[Mitre Box](#)  
[Mitre Box Cutter](#)

### **Other Ingredients & Equipment You'll Need:**

Scale  
Distilled Water  
Crock-Pot  
Spatula  
Stick Blender  
Vinegar  
3 lb Loaf Mold



## Here's How It's Done : Directions

### Total Recipe Amounts

142 grams Lye

387 grams Water

153 grams Sweet Almond Oil

255 grams Coconut Oil 76

102 grams Macadamia Nut Oil

153 grams Mango Butter

153 grams Shea Butter

102 grams Sunflower Oil

102 grams Grapeseed Oil

78 grams Linen Breeze Fragrance Oil

30 drops Neon Blue FUN Soap Colorant

10 drops Ultramarine Blue FUN Soap Colorant

Note: Although we have this recipe listed under hot process soap recipes, this recipe could be used to make cold process soap instead if you desire. See our **cold process soap 101 class** for that procedure. Same recipe, different process.

Note: If this is the first time you are ever attempting the process of making soap, please review these classes to familiarize yourself with the processes.

<http://www.naturesgardencandles.com/candlemaking-soap-supplies/item/00soapsafe/-Soap-Making-Safety.html>

<http://www.naturesgardencandles.com/candlemaking-soap-supplies/item/00makyousoa/-Making-Your-Own-Soap-Recipe.html>

<http://www.naturesgardencandles.com/candlemaking-soap-supplies/item/00soapterms/-Soap-Making-Terminology.html>

<http://www.naturesgardencandles.com/candlemaking-soap-supplies/item/00perfect/-Soap-Making--Finding-the-Perfect-Recipe.html>

[http://www.naturesgardencandles.com/mas\\_assets/pdf/soapoils.pdf](http://www.naturesgardencandles.com/mas_assets/pdf/soapoils.pdf)

**Step 1:** Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, a face mask, safety glasses, and a hair net while preparing this recipe.

**Step 2:** In one bowl, weigh out the appropriate amounts of the oils and butters.



## Here's How It's Done : Directions

**Step 3:** Turn your Crockpot on low heat. Place all of your oils and butters into the crockpot. Heat this until all of the ingredients are in a liquid state.

**Step 4:** While your ingredients are melting, weigh out your lye and water.

**Step 5:** Once you have the correct weights, slowly add small amounts of the lye to the water, stirring in between the addition of the lye to the water. **NEVER** add the water to the lye!

**Step 6:** Slowly add the mixture of the lye water to the crockpot. Give this a quick stir.

**Step 7:** Grab your stick blender and start to blend the mixture in the crockpot.

**Step 8:** Mix until your batter reaches trace. This will appear almost as if it has the same consistency of pudding. You will know that it is truly trace when you are able to use the mixture to draw a "line", and watch as the mixture leaves a trace of the line you just made.

**Step 9:** Now it is time to set your crockpot on the low setting. Also, lid your crockpot at this time.

**Step 10:** Periodically stir your mixture. You do not want the bottom of the mixture to scorch. During this step, you will notice that the mixture is beginning to dry out, especially along the sides. The mixture will also take on more of a wax look. Keep periodically stirring; you want to ensure that the soap mixture is cooking evenly.

**Step 11:** Once your mixture starts to appear as if it is mashed potatoes, it is time to prepare your mold. This cooking time will vary, this is all dependent upon the various fats, butters, and oils that are selected for your recipe; but this usually takes about an hour.

**Step 12:** Add the Linen Breeze Fragrance Oil. Also, add the FUN Soap Colorants. This can be a tricky step, but you want to do this quickly because you don't want the soap to start to harden before you can add the fragrance. Additionally, you do not want to add the fragrance while the mixture is too hot because you risk burning the fragrance out before you are even able to use the soap. Keep stirring as you make your additions.

**Step 13:** Ensure that your silicone mold is on a flat surface. Then, in a scooping manner, start to fill your loaf mold.



## Here's How It's Done : Directions

**Step 14:** Once all of your cavities of the mold are filled, you will want to hit the mold against the counter top. Performing this step will release any bubbles of air that may be trapped in your soap mixture.

**Step 15:** Cover your soap. Once the soap is covered, it is time to let it cool and harden. This generally takes about 12 hours or so.

**Step 16:** Once your soap is completely cooled and hardened, it is time to pop the soaps out of the mold. Next, cut the soap loaf using your mitre box and cutter for mitre box. It is now ready to use! For harder bars of soap, allow soap to cure longer.

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