



Nature's Garden Recipe!
Wholesale Candle & Soap Supplies



Foaming Body Scrub For Men Recipe

Recipe makes 8- 4 oz. jars of foaming body scrub.

Here's What You Need:
Ingredients

[COCONUT Oil-76](#)
[Meadowfoam Seed Oil](#)
[Mango Butter](#)
[Unrefined Shea Butter](#)
[Lanolin Oil USP](#)
[Macadamia Nut Oil](#)
[Sodium Cocoyl Isethionate- SCI](#)
[VITAMIN E OIL \(Tocopherol T-50\) Natural](#)
[Silky Emulsifying Wax](#)
[BEESWAX White Pastilles](#)
[Black Tuxedo Fragrance Oil](#)
[OPTIPHEN - Preservative](#)
[Titanium Dioxide Oil Dispersible](#)
[Activated Charcoal](#)
[Arrowroot Powder](#)
[VEGETABLE GLYCERIN](#)
[FUN Soap Colorant Ultramarine Blue](#)
[4 oz. Clear PET JAR](#)
[Black Dome Lid Smooth 58/400](#)
[Thermometer](#)

Other Ingredients & Equipment You'll Need:

Mixing Bowls
Mixing Spoons
Spatula
Stove
Pots- for double boiler step
White Sugar
Scale



Here's How It's Done : Directions

Total Recipe Weights:

- 121 grams Sodium Cocoyl Isethionate- SCI
- 110 grams Coconut Oil 76
- 113 grams Meadowfoam Seed Oil
- 62 grams Shea Butter Refined
- 74 grams Mango Butter
- 50 grams Silky Emulsifying Wax
- 12 grams White Beeswax
- 30 grams Macadamia Nut Oil
- 10 grams Lanolin Oil USP
- 15 grams Arrowroot Powder
- 20 grams Black Tuxedo Fragrance Oil
- 5 grams Optiphen preservative
- 5 grams Vitamin E Oil
- 680 grams White Sugar
- 10 drops Ultramarine Blue FUN Soap Colorant
- 33 grams Vegetable Glycerin
- 2 grams Titanium Dioxide Oil Dispersible
- 5 grams Activated Charcoal

Clean and sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, and a hair net while preparing this recipe.

Step 1: Begin by weighing out your coconut oil 76, meadowfoam seed oil, mango butter, shea butter, silky emulsifying wax, macadamia nut oil, lanolin, and beeswax. Then, use a double boiler to melt them. Stir occasionally as they are melting.

Step 2: While you are waiting for ingredients to melt, you can prepare your colorants. Weigh out and mix your titanium dioxide and 15 grams of the vegetable glycerin in a small mixing bowl. In a separate bowl, add the activated charcoal and 18 grams of the vegetable glycerin. Set these colorants aside, we will come back to them. While we will also be creating a blue layer, it does not need to be mixed with anything, it will be added directly to our scrub in a later step.

Step 3: Once your oils are melted, remove them from your double boiler. Allow the temperature of your melted mixture to drop to 120F-140F and add the arrowroot powder, optiphen preservative, vitamin E oil, sodium cocoyl isethionate, and the Black Tuxedo Fragrance Oil. Stir to incorporate the ingredients.

Step 4: Next, add 680 grams sugar and mix together until well incorporated.

Step 5: Now, separate your scrub equally into 3 bowls. You will need to add about 440 grams of your scrub mixture to an empty mixing bowl.



Here's How It's Done : Directions

Step 6: To the first bowl, add the blue colorant. In the second bowl, add the titanium dioxide mixture. In the third bowl, add the activated charcoal mixture. Stir each bowl to fully disperse each colorant.

Step 7: Next, once the scrub reaches room temperature, begin adding your scrub to the jars. Place a small amount of one color in each jar. Then, use the next color, placing it directly on top of the next layer. Then, add the third color. Repeat this process until you have filled each jar.

Step 8: Once you have finished filling your jars, place a lid on top of each one. Now, your scrubs are ready to use!

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