



Natural Facial Night Cream

Recipe makes approximately 4- 4 oz. jars.

Here's What You Need:
Ingredients

[Calendula Flowers- Whole](#)
[VEGETABLE GLYCERIN](#)
[COCOA BUTTER DEODORIZED](#)
[AVOCADO Oil](#)
[CASTOR Oil- 16 oz.](#)
[GRAPSEED Oil- 16 oz.](#)
[VITAMIN E OIL \(Tocopherol T-50\) Natural](#)
[EMULSIFYING Wax NF- Traditional](#)
[STEARIC ACID - 1 Pound Bag](#)
[OPTIPHEN - Preservative](#)
[Disposable Pipettes](#)
[4 oz. Clear PET JAR](#)
[White Straight Lid Smooth 58/400](#)

Other Ingredients & Equipment You'll Need:

Scale
Stove
Water
Mixing Bowl
Mixing Spoon



Here's How It's Done : Directions

Total Recipe Weights:

- 6 grams Calendula Flowers- Whole
- 320 grams Distilled Water- (This will be used to make the 286 grams of calendula infused flower water you will need)
- 23 grams Vegetable Glycerin
- 18 grams Cocoa Butter
- 45 grams Avocado Oil
- 18 grams Castor Oil
- 4 grams Grapeseed Oil
- 4 grams Vitamin E Oil
- 36 grams Emulsifying Wax
- 5 grams Stearic Acid
- 6 grams Optiphen Preservative

Phase 1: Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, and a hair net while preparing this recipe.

Phase 2: Prepare the calendula infused flower water:

- A. Measure out 6 grams of dried, whole calendula flowers and 320 grams of Distilled water.
- B. Place distilled water into a small pot and heat it to at least 180F, and hold for 20 minutes to kill bacteria.
- C. Place a coffee filter inside of a bowl (size used for cereal).
- D. Place calendula flowers on top of coffee filter and pour hot, distilled water over them. Allow to steep.
- E. Strain calendula flowers through coffee filter by gently squeezing water over the flowers. What you have now is called a Calendula Flower Water infusion.
- F. Weigh out 286 grams of the calendula infusion and add 23 grams of vegetable glycerin. Mix. There should not be any flower petals floating in your mixture.

Phase 3: Prepare Oil Phase

- A. Weigh out the following, and using a double boiler, melt them to 140F: Cocoa butter (18 grams), Avocado Oil (45 grams), Castor Oil (18 grams), Grapeseed Oil (4 grams), Vitamin E Oil (4 grams), Emulsifying Wax (36 grams), Stearic Acid (5 grams).



Here's What You Need: Ingredients

Phase 4: Emulsification Process

- A. Take Calendula infusion/vegetable glycerin mixture and mix it into your Oil phase mixture. Take a temperature of your mixture. You want it to be around 120F when you add your preservative.
- B. Once your mixture is 120F, add 6 grams of Optiphen preservative.
- C. Using a stick blender, thoroughly mix until you have a thick cream.
- D. Allow to cool, and use.

Note: Using the preservative is absolutely necessary when reselling this facial cream. However, if you are making it for yourself and do not want to have preservative on your face, store this finished cream in a refrigerator up to 1 week in between uses.

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