



## Caramel Custard Cold Process Soap

*Recipe makes approximately 4 pounds of soap.*

Here's What You Need:  
Ingredients

[Lye](#)  
[PALM Oil](#)  
[COCONUT Oil-76](#)  
[SHEA BUTTER](#)  
[CASTOR Oil- 16 oz.](#)  
[GRAPSEED Oil- 16 oz.](#)  
[Caramel Custard Fragrance Oil](#)  
[Vanilla White- Color Stabilizer](#)  
[Titanium Dioxide Oil Dispersible](#)  
[Cutter for Mitre Box - Stainless Steel](#)  
[Mitre Box - Stainless Steel](#)  
[Safety Glasses for Soap Making](#)  
[Safety GLOVES for Soap Making- 1 pair](#)  
[Safety MASK for Soap Making- 2 count](#)  
[Silicone Soap Mold- 4 Loaf Molds](#)  
[THERMOMETER](#)

Other Ingredients & Equipment You'll Need:  
Water  
Evaporated Milk



## Here's How It's Done : Directions

### Total Recipe Weights:

259 grams Water  
258 grams Evaporated Milk  
188 grams Lye

340 grams Palm Oil  
340 grams Coconut Oil 76  
408 grams Shea Butter  
204 grams Grapeseed Oil  
68 grams Castor Oil  
84 grams Vanilla White Color Stabilizer (added to the fragrance oil)  
84 grams Caramel Custard Fragrance Oil  
2 grams Titanium Dioxide

Clean & Sanitize your work area and all of your packaging materials. It is suggested that you wear gloves, protective clothing, a face mask, safety glasses, and a hair net while preparing this recipe.

[Click Here For Basic CP Soap Making Class](#). Also, before attempting to make any cold process soap, please become familiar with [Soap Making Safety Class](#).

Please Note: The evaporated milk is added to the soap batter at emulsion.

Before adding the fragrance oil to the soap batter, weigh out 454 grams into a separate bowl. To this portion add 2 grams of Titanium Dioxide. Stir to completely incorporate. Set aside. Proceed by then adding the fragrance oil and vanilla stabilizer to the remaining uncolored soap batter. Stir to incorporate.

Once you are ready, take the unscented soap batter and drop several spoonfuls into the scented batter bowl. Then, using a spatula, swirl directly in the bowl. Finally, pour all of the soap batter into the mold.

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We hope that you enjoy our Caramel Custard cold process soap recipe!