



Nature's Garden Recipe!
Wholesale Candle & Soap Supplies



Beard Soap Recipe

Recipe makes approximately 4- 1 pound soap loaves.

Here's What You Need:
Ingredients

[Silicone Soap Mold- 4 Loaf Molds](#)

[Lye](#)

[Coconut Oil 76](#)

[Jojoba Oil](#)

[Sweet Almond Oil](#)

[Olive Oil Pomace](#)

[Castor Oil](#)

[Lanolin USP Liquid Oil](#)

[Sesame Oil](#)

[Cocoa Butter Golden Natural](#)

[Shea Butter](#)

[Gurjun Balsam Essential Oil](#)

[Cutter for Mitre Box - Stainless Steel](#)

[Mitre Box - Stainless Steel](#)

[Safety Glasses for Soap Making](#)

[Safety GLOVES for Soap Making- 1 pair](#)

[Safety MASK for Soap Making- 2 count](#)

Other Ingredients & Equipment You'll Need:

Crockpot

Silicone Mixing Spoon

2 Large mixing bowls

Stick Blender

Scale

Distilled Water



Here's How It's Done :
Directions

Total Recipe Weights:

182 grams Lye

517 grams Water

340 grams Coconut Oil 76

68 grams Jojoba Oil

163 grams Sweet Almond Oil

68 grams Olive Oil Pomace

68 grams Castor Oil

41 grams Lanolin Oil

68 grams Sesame Oil

272 grams Cocoa Butter Golden Natural

272 grams Shea Butter

100 grams Gurjan Balsam Essential Oil

Note: Although we have this recipe listed under hot process soap recipes, this recipe could be used to make cold process soap instead if you desire. See our [cold process soap 101 class](#) for that procedure. Same recipe, different process.

Note: If this is the first time you are ever attempting the process of making soap, please review these classes to familiarize yourself with the processes.

<http://www.naturesgardencandles.com/candlemaking-soap-supplies/item/00soapsafe/-Soap-Making-Safety.html>

<http://www.naturesgardencandles.com/candlemaking-soap-supplies/item/00makyousoa/-Making-Your-Own-Soap-Recipe.html>

<http://www.naturesgardencandles.com/candlemaking-soap-supplies/item/00soapterms/-Soap-Making-Terminology.html>

<http://www.naturesgardencandles.com/candlemaking-soap-supplies/item/00perfect/-Soap-Making--Finding-the-Perfect-Recipe.html>

http://www.naturesgardencandles.com/mas_assets/pdf/soapoils.pdf



Here's How It's Done : Directions

Step 1: Clean and sanitize your work area and all of your packaging materials. We recommend that you wear gloves, protective clothing, a face mask, safety glasses, and a hair net while preparing this recipe.

Step 2: First, in one bowl, weigh out the correct amounts of the shea butter, cocoa butter, sweet almond oil, olive oil, lanolin oil, sesame oil, coconut oil 76, castor oil, and jojoba oil.

Step 3: Now, turn your crockpot on a low heat setting. Place all of your oils and butters into the crockpot. Heat these ingredients until they are all in a liquid state.

Step 4: While you are waiting for your ingredients to melt, weigh out your lye and water.

Step 5: Then, slowly begin adding small amounts of the lye to the water, stirring in between the addition of the lye to the water. Never add the water to the lye.

Step 6: Next, slowly add the lye mixture to the crockpot and stir.

Step 7: Stick blend the mixture in the crockpot until your batter reaches trace.

Step 8: Place the lid on your crockpot at this time and keep the crockpot on a low setting.

Step 9: Stir your mixture occasionally to ensure the soap cooks evenly. You will want to stir it about every 15 minutes or so.

Step 10: Once your mixture takes on a mashed potatoes appearance, it is time to add the essential oil. Cooking time will vary, but it usually takes about an hour. Add the essential oil and stir to fully incorporate the oil.

Step 11: Add the soap to each cavity of the mold. Then, lift your mold slightly and tap it on the table to release any air bubbles. Allow the soap to cool and harden.

Step 12: Once the soap has hardened, remove it from the molds. Then, slice the soap with your mitre box and cutter.

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